

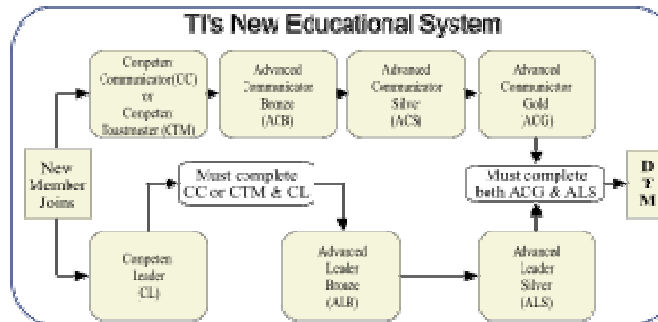
## Requirements for Competent Communicator (CC)

✓ each item as you complete it.

To qualify for **Competent Communicator (CC)** recognition, a Toastmaster must complete the following TEN speeches:

Project/Title	Date	Date Completed
<input type="checkbox"/> The Ice Breaker	_____	_____
<input type="checkbox"/> Organize Your Speech	_____	_____
<input type="checkbox"/> Get to the Point	_____	_____
<input type="checkbox"/> How to Say It	_____	_____
<input type="checkbox"/> Your Body Speaks	_____	_____
<input type="checkbox"/> Vocal Variety	_____	_____
<input type="checkbox"/> Research Your Topic	_____	_____
<input type="checkbox"/> Get Comfortable with Visual Aids	_____	_____
<input type="checkbox"/> Persuade With Power	_____	_____
<input type="checkbox"/> Inspire Your Audience	_____	_____

# Toastmasters International



Visit the Gaveliers TM Club website  
<http://gavelierstoastmasters.com/MembersArea.htm>  
 and download your own personal copy  
 of this **Pocket Guide**.

Created by:  
**Frank Storey, DTM**  
 (410) 850-5728  
[frankstorey@cablespeed.com](mailto:frankstorey@cablespeed.com)

## Toastmasters International



# A POCKET GUIDE to Competent Communicator (CC)

Earning your CC is just the first step in building communication and leadership skills. Skills that will serve you throughout your lifetime.

The key to getting the most out of Toastmasters' Communication and Leadership Program is active **participation**.